

HOW TO SPA

ARRIVAL GUIDELINES

We ask that you arrive at least 30 minutes prior to your scheduled service to allow time to check in and relax. Arriving after your scheduled service time will take away from your treatment time.

MINIMUM AGE

The Spa and Fitness Center are adult facilities and are appropriate for guests 18 years of age and older. Minors 16 years of age and above are allowed to work out in the gym with consent and supervision from a parent or guardian.

FACILITY FEE

The Fitness Center is complimentary with the Resort Fee for two people per room per day. The Spa facilities are \$25 per person per day for hotel guests and \$35 per person per day for non-lodgers. The Spa facilities are complimentary with a service of \$50 or more.

WHAT TO WEAR

Robes and slippers are provided for your convenience. Spa common areas are clothing optional. Professional draping is performed throughout your treatment.

MEDICAL CONCERNS

Guests who are pregnant, have had recent surgery or have any other medical concerns are advised to consult with their physician prior to scheduling spa services.

CANCELLATION POLICY

Guests must cancel or make changes to the reservation no later than 7pm the night prior to the scheduled service. Guests who cancel the same day as their service will be charged 50% of the treatment fee. No-shows will be charged the full treatment fee.

GRATUITY CUSTOMS

In appreciation of great service, gratuities may be given at your discretion. The customary gratuity is 15% – 18% of the check total.



Spa
at
Flamingo®

FLVSPA@LASVEGAS.HARRAHS.COM

HOURS OF OPERATION | DAILY 6am – 7pm
RESERVATIONS | 702.733.3535

MASSAGE SERVICES

FLAMINGO SIGNATURE

Ideal for a first time massage experience or for those seeking relaxation. This treatment blends light to medium pressure in a classic Swedish technique.

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|-----------|-----------------|-----------------|
| Mon-Thurs | 50 min. \$115 | 80 min. \$165 |
| Fri-Sun | 50 min. \$125 | 80 min. \$175 |

DEEP TISSUE

Tension, aches, and pains are addressed in this specialized massage using deep firm pressure and compressions to release tight, sore and overworked muscles.

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|-----------|-----------------|-----------------|
| Mon-Thurs | 50 min. \$130 | 80 min. \$185 |
| Fri-Sun | 50 min. \$140 | 80 min. \$195 |

FLAMINGO BLEND

Customize your perfect treatment with our blend massage. Combine signature, deep tissue, aromatherapy or desert stone massages to create your ultimate treatment.

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|-----------|-----------------|-----------------|
| Mon-Thurs | 50 min. \$140 | 80 min. \$185 |
| Fri-Sun | 50 min. \$150 | 80 min. \$195 |

AROMATHERAPY

Indulge your senses with an added layer of therapeutic essential oils to your massage. Choose the aroma that gives your mind and body a much needed pick me up, or a calming scent that lulls you into relaxation.

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| Mon-Thurs | 50 min. \$125 | 80 min. \$185 |
| Fri-Sun | 50 min. \$135 | 80 min. \$195 |

TRADITIONAL HAWAIIAN LOMI-LOMI MASSAGE

Ease your mind and body with this transcending Hawaiian massage. Rhythmic long flowing techniques from our certified massage therapists will put you into an ultimate state of relaxation. Let your mind and body restore into tranquility.

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| Mon-Thurs | \$200 | Fri-Sun | \$205 |
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DESERT STONE MASSAGE

Melt away tension and tight muscles using a variety of perfectly heated stones, this massage technique restores balance and provides complete relaxation.

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|-----------|-----------------|-----------------|
| Mon-Thurs | 50 min. \$130 | 80 min. \$185 |
| Fri-Sun | 50 min. \$140 | 80 min. \$195 |

THERMAL SEA SHELL MASSAGE

The ultimate heated massage, using tiger clam shells made out of a combination of real tiger clam shells, porcelain, and heated lava gel to provide long lasting heated relief from sore muscles and tension.

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|-----------|-----------------|-----------------|
| Mon-Thurs | 50 min. \$140 | 80 min. \$190 |
| Fri-Sun | 50 min. \$145 | 80 min. \$195 |

MOTHER TO BE

A soothing massage for those within the second and third trimesters. Helps alleviate tension in high stress areas and gives relief to discomfort in the lower back, hips, shoulders, legs and feet.

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|-----------|-----------------|
| Mon-Thurs | 50 min. \$115 |
| Fri-Sun | 50 min. \$125 |

TROUBLE SPOT

A short but focused treatment to relieve tension and stress from a targeted area such as neck and shoulders or legs and feet.

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| Mon-Thurs | 25 min. \$85 |
| Fri-Sun | 25 min. \$95 |

SIDE BY SIDE COUPLES TREATMENT

Enjoy any of our massage therapies side-by-side with your significant other or best friend in our couple's treatment room. For an additional charge of \$5 per person.

MASSAGE ENHANCEMENTS

\$10 | Body Butter, Tired Tootsies Scrub, Muscle Soother

\$20 | Conditioning Scalp Treatment, Ecofin Hand or Foot Treatment

FACIAL ENHANCEMENTS

\$10 | Tired Tootsies

\$20 | Scalp Treatment

\$20 | Ecofin Hand or Foot Treatment

PERK ENHANCEMENTS

This innovative technology includes exfoliating for deep cleansing, hydrating, plumping with anti-aging benefits.

There's a take home product too!

Perk Lip \$45 | Perk Eye \$45

We offer a variety of treatment enhancements to customize your service (enhancements are not sold separately and do not extend treatment time)

BODY TREATMENTS

BODY POLISH

A full body exfoliation that fights the signs of dehydration, aging, and uneven texture, leaving your skin irresistibly soft and smooth using Licious Sugar Scrub.

25 min. | \$85

DESERT DETOX BODY WRAP

This detoxifying body treatment uses the contrast of hot and cold to help detoxify the body and ease the symptoms that can occur after a long night out, or a just needed detox. The treatment starts with a peppermint body scrub followed by a detoxifying cucumber mint body mask and finishes with a cold stone facial and scalp massage.

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| Mon-Thurs | 50 min. \$130 |
| Fri-Sun | 50 min. \$140 |

SEASONAL SCRUB AND BODY BUTTER

Hydrate and soften your skin with your choice of Seasonal Scrub and Body Butter. Choose Licious Sugar Kiss, Sugar Lavender or Sugar Coconut. Once exfoliated, quench your skin with heated body butter. This treatment will leave your skin glowing and ready for a night out.

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| Mon-Thurs | 50 min. \$125 |
| Fri-Sun | 50 min. \$135 |

HYDRATING VOLCANIC CLAY AND WHITE SAND BODY WRAP

Hydrate and refresh your body with a blended body polish including volcanic rock, Bora Bora sand, and crystal salt. Followed by an enriching volcanic clay body mask. Complete your treatment with a refreshing cold stone facial massage and hydrating Moroccan Rosemary body cream.

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| Mon-Thurs | 80 min. \$180 |
| Fri-Sun | 80 min. \$190 |

SPECIALTY TREATMENTS

Specialty Treatments are subject to availability. Please see spa receptionist for details and to book your treatment.

THERMAL MUSCLE MELT

Using the cooling properties of mint and the healing effects of eucalyptus, this detoxifying body treatment combines epsom salt scrub and warming Prossage oil to stimulate circulation and aid in post workout recovery.

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| Mon-Thurs | 50 min. \$115 |
| Fri-Sun | 50 min. \$125 |

FACIALS

FLAMINGO SEASONAL FACIAL

This facial will cleanse, exfoliate, and hydrate the skin using a selected mask based on the season. This is a perfect facial for people who have never had a facial before because it includes a thorough skin assessment from one of our skin care professionals.

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| Mon-Thurs | 50 min. \$130 |
| Fri-Sun | 50 min. \$140 |

SENSITIVE SKIN SOOTHING FACIAL

Starting with gentle cleansing, toning and non-acid peel, this hydrating facial will restore the natural moisture balance to even the most sensitive skin.

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| Mon-Thurs | 50 min. \$135 |
| Fri-Sun | 50 min. \$145 |

HYDRA GLO VITAMIN C FACIAL

A great treatment for skin of all ages: brightens, tones and hydrates the skin. While delivering much needed Vitamin C to the skin.

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| Mon-Thurs | 50 min. \$140 |
| Fri-Sun | 50 min. \$150 |

ACNE REFINING FACIAL

Protect and heal your skin with this facial. It targets blemishes and break outs, leaving you photo ready.

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| Mon-Thurs | 50 min. \$135 |
| Fri-Sun | 50 min. \$145 |

HEALTH AND WELLNESS

Personal Training sessions are subject to availability. Please see the spa receptionist for details and to book your appointment.

PERSONAL TRAINING

45-minute personal training session with Nationally Certified Personal Trainers. Trainers provide customized workouts based on your fitness level and desired goals.

\$60

FIT FOR A WEEK

This package includes 3 personal training sessions.

\$175

REIKI BALANCING

A Japanese stress-relieving technique that treats the body, mind and spirit by focusing on and removing the body's negative energy. This treatment does include massage elements along with Reiki balancing.

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| Mon-Thurs | 80 min. \$170 |
| Fri-Sun | 80 min. \$180 |

PHYTO LUXE ANTI AGING FACIAL

This anti aging facial will leave skin feeling soft and refreshed by using a rejuvenating mask to promote elasticity and plumpness while increasing micro-circulation.

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| Mon-Thurs | 50 min. \$160 | 80 min. \$185 |
| Fri-Sun | 50 min. \$165 | 80 min. \$190 |

PERK FACIAL "BY THE HYDRA FACIAL COMPANY"

This deep cleaning and hydrating treatment uses the newest technology from The Hydra Facial Company. The Perk Facial Machine smooths skin with its roller-flex technology by loosening dirt, oil, and dead skin cells. Followed by an infusion of nutrient-rich serum to promote hydration and diminish fine lines and wrinkles. **To finish this wonderful treatment each client will receive a take home kit with a 30 day supply of skin care.**

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| Mon-Thurs | 50 min. \$175 |
| Fri-Sun | 50 min. \$180 |

ALASKAN MUD FACIAL

This express facial will cleanse, detoxify and exfoliate using the most mineral rich glacial clay in the world. It is gentle and suitable for all skin types.

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| Mon-Thurs | 25 min. \$85 |
| Fri-Sun | 25 min. \$95 |

STRETCH SESSION

This 25-minute stretch session can help you work out the kinks from traveling or dancing all night.

\$45

SPORTS RECOVERY BUNDLE

This package includes a personal training session and your choice between a 50-minute Deep Tissue Massage or the Thermal Muscle Melt wrap.

\$170

SPA PACKAGES

THE ULTIMATE

Includes a 25-minute scrub, 50-minute Signature massage, and a 50-minute Seasonal Facial.

125 min. | \$305

SAMPLER

Includes a 25-minute scrub, 25-minute Signature massage, and a 25-minute facial.

75 min. | \$185

COUPLES PACKAGE

Includes 80-minute Signature massage, with choice of two massage enhancements.

80 min. | \$350

RESTORATION

Includes a 50-minute Desert Stone massage and a 50-minute Seasonal Facial.

100 min. | \$250

FOR THE BRIDE

Includes a 50-minute Signature massage with one massage enhancement, a 50-minute Hydra Glo Vitamin C Facial, and a 50-minute Customized Scrub and Body Butter.

150 min. | \$350

*An auto-gratuity of 17% will be applied to all Spa Packages

| TANNING | WAXING | | |
|----------------------|------------------|-------------------|------------------|
| \$75 Body Bronzing | \$25 Eyebrows | \$65 Full Arm | \$75 Half Leg |
| | \$25 Chin | \$25 Underarms | \$100 Full Leg |
| | \$60 Full Face | \$75 Back | \$25 Lip |
| | | \$75 Bikini | \$25 Nose |
| | | \$100 Brazilian | \$25 Ears |