



PARU パール

MODERN JAPANESE

SOUPS

Miso 30
Tofu, Negi, Wakame

Lobster Miso 70
Tofu, Negi, Wakame

Seafood 65
Shrimp, Squid, Mussel, Scallop

SALADS

House 50
Organic Mixed Greens, Ginger Vinaigrette

Seafood 90
Shrimp, Squid, Mussel, Scallop, Mixed Greens,
Creamy Wasabi

Seaweed 60
Wakame, Chuka Seaweed, Soy Plum,
Ginger Aonori Vinaigrette

Salmon Tataki 85
Seared Salmon, Mixed Greens, Sesame Miso Dressing

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Prices are in AED and inclusive of 7% municipality fee, 10% service charge and 5% VAT.

PARU SIGNATURE COOL PLATES

Seabass Ceviche Ceviche Sauce, Ginger Bubble, Tobiko	70
Oyster Caviar, Citrus, Mix Seaweed	125
Salmon Carpaccio Orange, Feta Cheese	70
Wagyu Tataki Mixed Mushrooms, Truffle Soy	140
Seared Tuna Mustard Miso, Cream Cheese, Strawberry	90
The Bomb Blue Shrimp, Sea Urchin, Caviar, Yuzu Sauce	115
Lobster Tacos Taco Chips, Avocado Purée, Apple Sauce	110
Yellowtail Chili Jalapeño Salsa, Ponzu	80
Tartare Salmon or Tuna or Mixed	75/80/85
Tuna Apple Sesame Tofu	80

PARU SPECIAL HOT DISHES

Crispy Calamari Sansho Salt Pepper	80
Rock Shrimp Tempura Mango Aioli, White Onion, Almond	105
Truffle Scallop Baby Eggplant, Enoki Mushroom, Truffle Soy	125
Craze Chicks Miso Chicken Thigh, Sweet & Spicy Yuzu	75
Jumbo Shrimp Tempura Tiger Prawn Tempura, Wasabi Mayo	130
Edamame Sesame Salt or Spicy	30
Miso Black Cod Saikyo Miso Cod, Ume Oroshi, Basil Miso	165
Beeflicious Enoki Mushroom, Cream Cheese, Yaki Sauce	80
Veggi Ssam Crispy Tofu, Mushrooms, Leek Miso	55
Shishito Peppers Den Miso or Maldon Sea Salt	45
Mixed Mushrooms Mushrooms, Bulgogi Sauce	40

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SIGNATURE ROLLS

Temaki hand roll available on request only

Avocado & Cucumber	35	Paru House	105
Tekka	50	Tuna, Salmon, Scallop, Shrimp Tempura, Yuzu Miso	
Blue Fin Tuna		The Harmony	115
Sake	45	Foie Gras, Wagyu Beef, Lobster Tempura, Truffle Sauce	
Fresh Salmon			
Kanpyo	40		
Gourd			
California	60		
Crab, Cucumber, Avocado, Tobiko			
Spicy Tuna	60		
Avocado, Mix Cress, Paru Spicy Sauce			
Spicy Salmon	60		
Takuan, Tobiko, Paru Spicy Sauce			
Dynamite	65		
Shrimp Tempura, Avocado, Dynamite Sauce			
Mix Tempura	65		
Shrimp Tempura, Asparagus, Sweet Potato, Takuan			
Unagi	65		
BBQ Eel, Cucumber, Eel Sauce			
Soft Shell Crab	75		
Cucumber, Tobiko, Yuzu Garlic Mayo			
Salmon Avocado	55		
Smoked Salmon, Cream Cheese, Ao Nori			
007 Octopus	95		
Octopus, Shrimp Tempura, Tobiko, Avocado			
P.F.C.	85		
Deep-Fried Chicken, Kanpyo, Takuan, Katsu Sauce			

SUSHI / SASHIMI

Sushi: 2 Pieces / Sashimi: 3 Pieces

Tuna (Maguro)	65
Bluefin Tuna Belly (Toro)	100
Japanese Yellowtail (Hamachi)	65
Salmon (Sake)	55
Seabass (Suzuki)	55
Sea Urchin (Uni)	150
Salmon Roe (Ikura)	65
Japanese Mackerel (Saba)	60
Japanese Scallop (Hotate)	60
Obsibblue Shrimp (Tenshi No Ebi)	60
Shrimp (Mushi Ebi)	50
Squid (Ika)	50
Octopus (Tako)	55
Fresh Water Eel (Unagi)	70
Japanese Omelette (Tamago)	35

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ENTRÉES

Black Pepper Wagyu Ribeye 295
Mushrooms, Onion, Black Pepper Teriyaki

Grilled Scottish Salmon 120
Sautéed Baby Bok Choy, Mustard Teriyaki

Jidori Chicken 150
Green Beans, Kuri Kimchee, Maple Soy

Crispy Tofu 90
Shishito, Shiitake, Asparagus

FRIED RICE

Seafood 65

Chicken 55

Vegetable 45

Steamed Rice 25

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DESSERTS

The Lemon Lemon.....	40
Mochi Ice (Choice of 4) Green Tea, Vanilla, Chocolate, Coconut, Mango	60
Bingsu Mango Compote, Toasted Bean Flour	50
Green Tea Red Velvet Lava Cake Macha, Coconut Sorbet	50
Caramelized Apple Vanilla Chantilly, Yuzu Caramel	55
Mango Samurai Toasted Coconut, Lemon Grass Sorbet	55
Seasonal Fruit Platter Passion Fruit, Mango, Longan, Rambutan	50

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