

Qua Spa Body Massage – Collections

We handpicked the best of best massages to relax your senses, with our expert blended Aromatherapy oils to balance your emotions and revive your body with our unique technique massages. Qua Spa is committed to personalising your treatment to meet your needs, if you allow us your time. Choose from 50 mins, 80 mins or 110 mins.

QUA SPA FIVE ELEMENTS MASSAGE

This Aromatherapy massage utilises customised essential oil infusions with skilful therapeutic techniques to deliver the ultimate massage experience.

50 MINS / 80 MINS / 110 MINS

MUSCLE MELT

Slow, deliberate massage techniques using elbows and knuckles relieve tightness from overused and tense muscles. Deep-tissue massage techniques are applied and popular among the frequent massage goers who prefer a firm touch to a gentle one.

50 MINS / 80 MINS / 110 MINS

SHIATSU FUSION MASSAGE

Shiatsu is a Japanese pressure-point massage using thumb, finger and palm pressure on traditional meridians to open blockages. We recreated this traditional massage with other therapeutic massage techniques to strengthen the body's natural ability to heal itself physically, emotionally and spiritually.

50 MINS / 80 MINS / 110 MINS

SWEDISH MASSAGE

A relaxing full body massage combined with a variety of massage techniques to help the body improve circulation. It will enhance mental clarity, greater flexibility and reduce your physical stress.

50 MINS / 80 MINS / 110 MINS

MOTHER-TO-BE

Using an infusion of Mandarin, Rose and Lavender flower massage oil, renew and refresh your body, energy and spirit with this Swedish-style therapeutic treatment incorporating tension release, energy and breathing techniques with the uplifting essence of Neroli. This treatment is safe for mothers-to-be or nursing mothers.

This treatment is available for tri-semester mothers only.

50 MINS

